

# SOAR for Managers

## 2025 Cohort Schedules

### Cohort #1

#### April 2025

Meeting 1A: Tuesday, April 8, 2025 | 8-10AM EST

Meeting 1B: Tuesday, April 22, 2025 | 8-10:30AM EST

#### May 2025

Meeting 2A: Tuesday, May 6, 2025 | 8-10AM EST

Meeting 2B: Tuesday, May 20, 2025 | 8-10:30AM EST

#### June 2025

Meeting 3A: Tuesday, June 3, 2025 | 8-10AM EST

Meeting 3B: Tuesday, June 17, 2025 | 8-10:30AM EST

#### July 2025

Meeting 4A: Tuesday, July 1, 2025 | 8-10AM EST

Meeting 4B: Tuesday, July 15, 2025 | 8-10:30AM EST

### Cohort #2

#### June 2025

Meeting 1A: Monday, June 16, 2025 | 8-10:00AM EST

Meeting 1B: Monday, June 30, 2025 | 8-10:30AM EST

#### July 2025

Meeting 2A: Monday, July 14, 2025 | 8-10:00AM EST

Meeting 2B: Monday, July 28, 2025 | 8-10:30AM EST

#### August 2025

Meeting 3A: Monday, August 11, 2025 | 8-10:00AM EST

Meeting 3B: Monday, August 25, 2025 | 8-10:30AM EST

#### September 2025

Meeting 4A: Monday, September 8, 2025 | 8-10:00AM EST

Meeting 4B: Monday, September 22, 2025 | 8-10:30AM EST

### Cohort #3

#### August 2025

Meeting 1A: Tuesday, August 12, 2025 | 8-10:00AM EST

Meeting 1B: Tuesday, August 26, 2025 | 8-10:30AM EST

#### September 2025

Meeting 2A: Tuesday, September 9, 2025 | 8-10:00AM EST

Meeting 2B: Tuesday, September 23, 2025 | 8-10:30AM EST

#### October 2025

Meeting 3A: Tuesday, October 7, 2025 | 8-10:00AM EST

Meeting 3B: Tuesday, October 21, 2025 | 8-10:30AM EST

#### November/December 2025

Meeting 4A: Tuesday, November 11, 2025 | 8-10:00AM EST

Meeting 4B: Tuesday, December 2, 2025 | 8-10:30AM EST

### Cohort #4

#### October 2025

Meeting 1A: Monday, October 6, 2025 | 8-10:00AM EST

Meeting 1B: Monday, October 20, 2025 | 8-10:30AM EST

#### November 2025

Meeting 2A: Monday, November 3, 2025 | 8-10:00AM EST

Meeting 2B: Monday, November 17, 2025 | 8-10:30AM EST

#### December 2025

Meeting 3A: Monday, December 1, 2025 | 8-10:00AM EST

Meeting 3B: Monday, December 15, 2025 | 8-10:30AM EST

#### January 2026

Meeting 4A: Tuesday, January 6, 2026 | 8-10:00AM EST

Meeting 4B: Tuesday, January 20, 2026 | 8-10:30AM EST

Meeting 1

**Focus  
and  
Organization**

Meeting 2

**Communication  
and  
Influence**

Meeting 3

**Breakthrough  
Skills**

Meeting 4

**Building  
a Strong  
Foundation**