

SOAR for Managers

2025 + 2026 Cohort Schedules

2025: Cohort #4 : All Managers

October 2025

Meeting 1A: Monday, October 6, 2025 | 8-10:00AM EST

Meeting 1B: Monday, October 20, 2025 | 8-10:00AM EST

November 2025

Meeting 2A: Monday, November 3, 2025 | 8-10:00AM EST

Meeting 2B: Monday, November 17, 2025 | 8-10:00AM EST

December 2025

Meeting 3A: Monday, December 1, 2025 | 8-10:00AM EST

Meeting 3B: Monday, December 15, 2025 | 8-10:00AM EST

January 2026

Meeting 4A: Tuesday, January 6, 2026 | 8-10:00AM EST

Meeting 4B: Tuesday, January 20, 2026 | 8-10:00AM EST

2026: Cohort #1: All Managers

February 2026

Meeting 1A: Monday, February 9, 2026 | 8-10:00AM EST

Meeting 1B: Monday, February 23, 2026 | 8-10:00AM EST

March 2026

Meeting 2A: Monday, March 9, 2026 | 8-10:00AM EST

Meeting 2B: Monday, March 23, 2026 | 8-10:00AM EST

April 2026

Meeting 3A: Monday, April 6, 2026 | 8-10:00AM EST

Meeting 3B: Monday, April 20, 2026 | 8-10:00AM EST

May 2026

Meeting 4A: Monday, May 4, 2026 | 8-10:00AM EST

Meeting 4B: Monday, May 18, 2026 | 8-10:00AM EST

2026 Cohort #2: Women Managers

May 2026

Meeting 1A: Tuesday, May 5, 2026 | 8-10:00AM EST

Meeting 1B: Tuesday, May 19, 2026 | 8-10:00AM EST

June 2026

Meeting 2A: Tuesday, June 2, 2026 | 8-10:00AM EST

Meeting 2B: Tuesday, June 16, 2026 | 8-10:00AM EST

June/July 2026

Meeting 3A: Tuesday, June 30, 2026 | 8-10:00AM EST

Meeting 3B: Tuesday, July 14, 2026 | 8-10:00AM EST

July/August 2026

Meeting 4A: Tuesday, July 28, 2026 | 8-10:00AM EST

Meeting 4B: Tuesday, August 11, 2026 | 8-10:00AM EST

2026 Cohort #3: All Managers

August 2026

Meeting 1A: Tuesday, August 11, 2026 | 8-10:00AM EST

Meeting 1B: Tuesday, August 25, 2026 | 8-10:00AM EST

September 2026

Meeting 2A: Tuesday, September 8, 2026 | 8-10:00AM EST

Meeting 2B: Tuesday, September 22, 2026 | 8-10:00AM EST

October 2026

Meeting 3A: Tuesday, October 6, 2026 | 8-10:00AM EST

Meeting 3B: Tuesday, October 20, 2026 | 8-10:00AM EST

November 2026

Meeting 4A: Tuesday, November 3, 2026 | 8-10:00AM EST

Meeting 4B: Tuesday, November 17, 2026 | 8-10:00AM EST

Meeting 1

**Focus
and
Organization**

Meeting 2

**Communication
and
Influence**

Meeting 3

**Breakthrough
Skills**

Meeting 4

**Building
a Strong
Foundation**