



SOAR FOR MANAGERS

Essential skills managers need for breakthrough results



MANAGERS IN CRISIS

Today’s workplace is experiencing rapid and disruptive change, placing significant pressure on managerial roles. Overwhelming workloads, shrinking budgets, and constant team restructuring are placing unrealistic demands on unprepared leaders. Lacking the necessary tools and support to navigate these challenges, many managers are burned out, disengaged, and underperforming.

UNLOCKING PERFORMANCE

Supercharge your frontline managers with the critical skills to conquer today’s complex challenges and skyrocket team performance. SOAR for Managers offers an immersive learning experience that fuses essential skill development with cutting-edge, relevant content. Dynamic discussions and hands-on application empower managers to turn insights into action, driving real results in their roles. Unlock potential and power up performance with SOAR for Managers.

THE DIFFERENCE MAKER

Small peer-to-peer learning

Cohorts purposely kept small to maximize authentic discussions and facilitate learning and growth.

Women focused

Designed to foster meaningful conversations within the context and against the realities of being a woman in today’s workplace.

Adapted to learning needs of manager

Short, focused learning equips managers with actionable tools and skills at a critical career moment.

Targeted Curriculum

Learning content that ignites professional growth and interpersonal mastery including communication, adaptability, problem-solving, and ability to forge strong connections.

AT A GLANCE

Delivery and Format

- 4 month learning timeline, 16 hours total
- 8 live virtual meetings + breakout sessions
 - Two 2-hour meetings each month
- Maximum 10 participants in each cohort
- Meetings held from 8-10AM EST
- Women specific cohort
- SOAR-certified facilitator

Who does this benefit?

- Managers with 1-2 years of experience
- Individual contributors transitioning to manager

Investment

- \$3,250 per participant
- Includes 1-year membership to SOAR+, a digital learning platform for continuous growth, skills, insights, and support.

Timing

- April 2025 - July 2025
- June 2025 - September 2025
- August 2025 - November 2025
- October 2025 - January 2026

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“Out of all the trainings and development programs that I have been a part of, SOAR has been the best and most positive experience. I have gained skills that I have used immediately and I have no doubt that being a part of this will positively affect the trajectory of my career.”

Human Resources Manager
Toyota Motor North America

SOAR for Managers

2025 Cohort Schedules

Cohort #1

April 2025

Meeting 1A: Tuesday, April 8, 2025 | 8-10AM EST

Meeting 1B: Tuesday, April 22, 2025 | 8-10:30AM EST

May 2025

Meeting 2A: Tuesday, May 6, 2025 | 8-10AM EST

Meeting 2B: Tuesday, May 20, 2025 | 8-10:30AM EST

June 2025

Meeting 3A: Tuesday, June 3, 2025 | 8-10AM EST

Meeting 3B: Tuesday, June 17, 2025 | 8-10:30AM EST

July 2025

Meeting 4A: Tuesday, July 1, 2025 | 8-10AM EST

Meeting 4B: Tuesday, July 15, 2025 | 8-10:30AM EST

Cohort #2

June 2025

Meeting 1A: Monday, June 16, 2025 | 8-10:00AM EST

Meeting 1B: Monday, June 30, 2025 | 8-10:30AM EST

July 2025

Meeting 2A: Monday, July 14, 2025 | 8-10:00AM EST

Meeting 2B: Monday, July 28, 2025 | 8-10:30AM EST

August 2025

Meeting 3A: Monday, August 11, 2025 | 8-10:00AM EST

Meeting 3B: Monday, August 25, 2025 | 8-10:30AM EST

September 2025

Meeting 4A: Monday, September 8, 2025 | 8-10:00AM EST

Meeting 4B: Monday, September 22, 2025 | 8-10:30AM EST

Cohort #3

August 2025

Meeting 1A: Tuesday, August 12, 2025 | 8-10:00AM EST

Meeting 1B: Tuesday, August 26, 2025 | 8-10:30AM EST

September 2025

Meeting 2A: Tuesday, September 9, 2025 | 8-10:00AM EST

Meeting 2B: Tuesday, September 23, 2025 | 8-10:30AM EST

October 2025

Meeting 3A: Tuesday, October 7, 2025 | 8-10:00AM EST

Meeting 3B: Tuesday, October 21, 2025 | 8-10:30AM EST

November/December 2025

Meeting 4A: Tuesday, November 11, 2025 | 8-10:00AM EST

Meeting 4B: Tuesday, December 2, 2025 | 8-10:30AM EST

Cohort #4

October 2025

Meeting 1A: Monday, October 6, 2025 | 8-10:00AM EST

Meeting 1B: Monday, October 20, 2025 | 8-10:30AM EST

November 2025

Meeting 2A: Monday, November 3, 2025 | 8-10:00AM EST

Meeting 2B: Monday, November 17, 2025 | 8-10:30AM EST

December 2025

Meeting 3A: Monday, December 1, 2025 | 8-10:00AM EST

Meeting 3B: Monday, December 15, 2025 | 8-10:30AM EST

January 2026

Meeting 4A: Tuesday, January 6, 2026 | 8-10:00AM EST

Meeting 4B: Tuesday, January 20, 2026 | 8-10:30AM EST

Meeting 1

**Focus
and
Organization**

Meeting 2

**Communication
and
Influence**

Meeting 3

**Breakthrough
Skills**

Meeting 4

**Building
a Strong
Foundation**