SOAR for Managers
2025 Cohort Schedules

Cohort #1

April 2025
Meeting 1A: Tuesday, April 8, 2025 | 8-10AM EST
Meeting 1B: Tuesday, Aprili 22, 2025 | 8-10AM EST

May 2025
Meeting 2A: Tuesday, May 6, 2025 | 8-10AM EST
Meeting 2B: Tuesday, May 20, 2025 | 8-10AM EST

June 2025
Meeting 3A: Tuesday, June 3, 2025 | 8-10AM EST
Meeting 3B: Tuesday, June 17, 2025 | 8-10AM EST

July 2025
Meeting 4A: Tuesday, July 1, 2025 | 8-10AM EST
Meeting 4B: Tuesday, July 15, 2025 | 8-10AM EST

Cohort #2

June 2025
Meeting 1A: Monday, June 16, 2025 | 8-10AM EST
Meeting 1B: Monday, June 30, 2025 | 8-10AM EST

July 2025
Meeting 2A: Monday, July 14, 2025 | 8-10AM EST
Meeting 2B: Monday, July 28, 2025 | 8-10AM EST

August 2025
Meeting 3A: Monday, August 11, 2025 | 8-10AM EST
Meeting 3B: Monday, August 25, 2025 | 8-10AM EST

September 2025
Meeting 4A: Monday, September 8, 2025 | 8-10AM EST
Meeting 4B: Monday, September 22, 2025 | 8-10AM EST

Cohort #3

August 2025
Meeting 1A: Tuesday, August 12, 2025 | 8-10AM EST
Meeting 1B: Tuesday, August 26, 2025 | 8-10AM EST

September 2025
Meeting 2A: Tuesday, September 9, 2025 | 8-10AM EST
Meeting 2B: Tuesday, September 23, 2025 | 8-10AM EST

October 2025
Meeting 3A: Tuesday, October 7, 2025 | 8-10AM EST
Meeting 3B: Tuesday, October 21, 2025 | 8-10AM EST

November/December 2025
Meeting 4A: Tuesday, November 11, 2025 | 8-10AM EST
Meeting 4B: Tuesday, December 2, 2025 | 8-10AM EST

Cohort #4

October 2025
Meeting 1A: Monday, October 6, 2025 | 8-10AM EST
Meeting 1B: Monday, October 20, 2025 | 8-10AM EST

November 2025
Meeting 2A: Monday, November 3, 2025 | 8-10AM EST
Meeting 2B: Monday, November 17, 2025 | 8-10AM EST

December 2025
Meeting 3A: Monday, December 1, 2025 | 8-10AM EST
Meeting 3B: Monday, December 15, 2025 | 8-10AM EST

January 2026
Meeting 4A: Tuesday, January 6, 2026 | 8-10AM EST
Meeting 4B: Tuesday, January 20, 2026 | 8-10AM EST

Meeting 1
Focus and Organization

Meeting 2
Communication and Influence

Meeting 3
Breakthrough Skills

Meeting 4
Building a Strong Foundation